

SLO Detox Planning Group

MEETING NOTES

Friday, October 27, 2017

1:00 PM to 3:00 PM

In Attendance:

Name	Agency	Name	Agency
Grace McIntosh	CAPSLO	Linda Rawlings	Community member/Friends of 40 Prado
Joel Diring	Diring & Associates	Roy Rawlings	Community member/Friends of 40 Prado
Anne Robin	County Behavioral Health	Rosana Ortiz	County Probation
Star Graber	County Behavioral Health	Michelle Shoresman	County Dept. of Public Health
Amelia Abernathy	Dignity Health	Julia Jackson	Ken Starr, MD
Courtney Warren	Dignity Health	Ken Starr, MD	Ken Starr, MD
Donna Fioravanti	CAPSLO	Robert Reyes	County Probation
Colin Quennell	County Behavioral Health	Laurel Weir	County Homeless Services Coordinator
Christina Lefevre Latner	Consultant		

1. Welcome and Introductions

Joel Diring welcomed everyone. Those present introduced themselves and stated which agency/organization they were with.

Meeting agenda, notes and handouts are available online at <http://diringassociates.com/capslo-40-prado-detox-planning-project/>

2. Review of draft report on Detox Center Planning project

Joel started the meeting off with a brief review of the project rationale, purpose and approach. He then reviewed the draft report highlighting the main issues that have been evaluated by the planning group including: service delivery model, location and land use issues, operation of the facility, funding, and proposed timeline. See 40 Prado Detoxification Center Planning Project DRAFT Report for more information. The report is available online at <http://diringassociates.com/wp-content/uploads/2017/11/CAPSLO-Prado-Detox-Report-draft-10-23-17.pdf>

Location: Reviewed the locations that had been evaluated as potential sites. The first location to be evaluated was the 40 Prado site, which has some limitations due to easement and parking restrictions. Other sites also evaluated were the: soon to be vacated Maxine Lewis Homeless Shelter, HASLO space on Broad Street, and County property on Kansas Ave. After working with planning personnel, and through group discussion, the decision was made that starting small at Prado would be the best potential location since the site has already been vetted, and community issues that might arise, had already been mostly dealt with. Other locations were either too far, limited access to services, might have neighborhood issues, cost, etc.

Structure: 48'x60' unit, separate from homeless service center, owned by CAPSLO, used by operator. Originally the concept of a modular unit was reviewed, with discussion of possibly constructing a facility that would cost more.

Capacity: 8-10 "flex" beds (gender, medical/residential). Based this on touring and research of other centers. A question was raised if the beds would be separate male/female, etc. Concerns were brought up that the low capacity would be easily exceeded. What were the long-term plans to meet the needs of this population? There was a discussion about that this was a starting point for now-a "good first step". That in the future there might be other opportunities for other locations, building on, or "up" to this location, but for now just needed to start small.

ASAM: ASAM Level 3.1 and 3.3; not a medical facility, per se, but can provide medication assisted treatment when combined with Incidental Medical Services license.

Length of Stay: Based on predictions 6-8 days in medical detox. There was a question if there are sufficient services for clients after the program. Group discussed the resources available on the continuum of services and the SAMSA grant that Grace has procured.

Facility Cost: A modular building itself is \$140,000 but with engineering, permitting, site prep and utilities, the cost could exceed \$600,000. A constructed facility could incur costs of \$730,000. Some costs might be waived by the city, but there may not be as many opportunities as with the homeless services center. Also, some utility costs might be reduced they are dug before the homeless services center is constructed. Some research will need to be done to see if there are special loans, etc. that can help defray some of these costs.

Client Population: Clients will be referred to County Drug and Alcohol by agencies who will screen and authorize. Substance use abuse disorder population in County is estimated to be 14,000, but certainly not all will need detox at any one time.

Services: Medication assisted withdrawal mgmt. & residential treatment., with case management.

Operator: County Behavioral Health will issue an RFP for qualified operator. Group discussed current and potential outreach to prospective operators.

Staffing: This is based on a template of staffing requirements of similar facilities in the state, but might change, and is flexible.

Operating Costs & Reimbursements: Separate from capital costs. Operating costs will be determined by contracted operator. Two type of payments will need to be developed. Medical Services (detox) and Residential Services (room/board) are reimbursed differently. Drug Medi-Cal will pay for medical services, but not room and board. Drug Medi-Cal has 2 components: federal funds and local match. The local match will need to come from reallocating spending on current services (e.g. SLE), or County budget augmentation or adjustment. Room/board might

be paid for through a variety of funding streams (AB 109, SSI, GA, CalWorks, family reunification funds, sliding scale, etc.).

Proposed Timeline: There is a tentative timeline of 18-24 months, facility planning. 6 months, County approval. 10 months, operator selection. 2-4 months, Reimbursement contracts. Would need to have funding to begin.

3. Next Steps...

Group discussed where to go from here. Grace proposed plans to discuss with possible funders. Also discussed beyond the group who was who else should be brought into the conversation and be made aware of the plans. Suggestions were Sheriff's Department, law enforcement in general, Derek Johnson – SLO City manager, political support, CCP and the BOS. Group discussed presenting at the CCP March meeting.

Next Meeting: TBA

For more information, contact Joel Diringer, joel@diringerassociates.com; 805.546.0950.