

SLO Detox Planning Group

MEETING NOTES

Friday, March 24, 2017

1:00 PM to 2:30 PM

In Attendance:

Name	Agency	Name	Agency
Grace McIntosh	CAPSLO	Captain Jeff Smith	San Luis Obispo Police Dept.
Joel Diring	Diring & Associates	Amelia Abernathy	Dignity Health
Anne Robin	County Behavioral Health	Joe Madsen	T-MHA
Captain Jeff Smith	San Luis Obispo Police Dept.	Michelle Shoresman	County Dept. of Public Health
Christina Lefevre Latner	Consultant	Jennifer Robinson	CHC

1. Welcome and Introductions

Joel Diring welcomed everyone. Those present introduced themselves and stated which agency/organization they were with. A number had advised in advance that they were unable to attend due to scheduling conflicts.

Meeting agenda, notes and handouts are available online at <http://diringassociates.com/capslo-40-prado-detox-planning-project/>

2. Review of questions raised at last meeting

Joel started the meeting off with a review of the main questions that were raised at the last meeting, and the group worked to answer the items that they were able to answer immediately. See [40 Prado Detox Planning Questions Document](#) for more information.

3. Discussion on other similar detox centers- schedule site visits

Next, Joel distributed the working document explaining the Levels of Care & Examples of Detox Centers in Region for discussion. Christina gave a quick review of the conversation had at the first meeting, regarding the ASAM Level and how it relates to the withdrawal services criteria, as seen in the first page of the document. Amelia, Jennifer, Grace and Anne added their knowledge to the research on the detox centers in the area. Anne said that while she would like to see a hospital based detox, they have not been able to secure a hospital willing to do it. As of now we are looking at no higher than a 3.2 ASAM level. Based on the discussion and review the detox centers in the region a plan was devised for which centers would be most beneficial for stakeholders to make site visits too. Anne and Star already had tentative plans to visit Champion, so the group would arrange to try to connect with them on travel. And Cottage Hospital, also in the South, and Janus in Santa Cruz, going North, would be contacted to be arranged. Grace would be unavailable for most of April. (An updated document showing other detox centers in the region is on the [web page](#)).

4. Where does this center fit in a continuum of care?

Joel introduced two different continuum of care models for consideration. One is a continuum of care (or a system of care) that shows the type of service that is said to be most appropriate for the intensity of the client's addiction at each stage of their recovery. It is developed by the Whitman Hanson Will Coalition. The second is a model provided by the American Society of Addiction Medicine (ASAM) using the ASAM criteria, discussed previously, to reflect the continuum of addiction services. Both continuums can be found under the meeting notes on the webpage.

5. Work plan and meeting times/dates

The meeting wrapped up by a final review of the workplan and a discussion of next steps and meeting planning. It was decided that in April a small group would try to visit sites, and then we would come back together again in either May or June once there was a more formal site plan had been developed.

Next Meeting: TBA

For more information, contact Joel Diringer, joel@diringerassociates.com; 805.546.0950.