

Levels of Care | Examples of Detox Centers in Region | Model Comparison

Withdrawal Management (Levels 1, 2, 3.2, 3.7 and 4 in ASAM) services are provided in a continuum of WM services as per the five levels of WM in the ASAM Criteria when authorized by a Medical Director or Licensed Professional of the Healing Arts as medically necessary. Each beneficiary shall reside at the facility if receiving a residential service and will be monitored during the detoxification process. Medically necessary habilitative and rehabilitative services are provided in accordance with an individualized client plan prescribed by a licensed physician, and approved and authorized according to the state of California requirements.

The components of withdrawal management services are:

- **Intake:** The process of admitting a beneficiary into a substance use disorder treatment program. Intake includes the evaluation or analysis of substance use disorders; the diagnosis of substance use disorders; and the assessment of treatment needs to provide medically necessary services. Intake may include a physical examination and laboratory testing necessary for substance use disorder treatment.
- **Observation:** Beneficiaries are monitored every thirty minutes throughout the 24-hour period in accordance with requirements. Monitoring includes but is not limited to the beneficiary's general health status.
- **Medication Services:** The prescription or administration related to substance use disorder treatment services, or the assessment of the side effects or results of that medication, conducted by staff lawfully authorized to provide such services within their scope of practice or license.
- **Discharge Services:** The process to prepare the beneficiary for referral into another level of care, post treatment return or reentry into the community, and/or the linkage of the individual to essential community treatment, housing and human services.

ASAM Criteria Withdrawal Services (Detoxification/Withdrawal Management) and the DMC-ODS System

Level of Withdrawal Management	Level	Description	Provider
Ambulatory withdrawal management without extended on-site monitoring	1-WM	Mild withdrawal with daily or less than daily outpatient supervision.	DHCS Certified Outpatient Facility with Detox Certification; Physician, NP/PA to prescribe; or OTP for opioids.
Ambulatory withdrawal management with extended on-site monitoring	2-WM	Moderate withdrawal with all day withdrawal management and support and supervision; at night has supportive family or living situation.	DHCS Certified Outpatient Facility with Detox Certification; Physician, NP/PA to prescribe; or OTP for opioids.
Clinically managed residential withdrawal management	3.2-WM	Moderate withdrawal, but needs 24-hour support to complete withdrawal management and increase likelihood of continuing treatment or recovery.	DHCS Licensed Residential Facility with Detox Certification; Physician, NP/PA to prescribe; ability to promptly receive step-downs from acute level 4.
Medically monitored inpatient withdrawal management	3.7-WM	Severe withdrawal, needs 24-hour nursing care & physician visits; unlikely to complete withdrawal management without medical monitoring.	Chemical Dependency Recovery Hospitals; ability to promptly receive step-downs from acute level 4
Medically managed intensive inpatient withdrawal management	4-WM	Severe, unstable withdrawal and needs 24-hour nursing care and daily physician visits to modify withdrawal management regimen and manage medical instability.	Hospital, sometimes ICU. Physicians, NP/PA with hospitalist skills, Chemical Dependency Recovery Hospital

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Program Name	City	Model	ASAM-Level	Occupancy	Details
The Haven at Pismo	Arroyo Grande	Medical Detox		6	<ul style="list-style-type: none"> • Begins with medically supervised detox, extends to active recovery and aftercare support. • Credentialed therapists and medical practitioners administer supervised treatment in a comfortable, homelike environment.
Cottage Hospital: Psychiatry & Inpatient Medical Detoxification	Santa Barbara	Medical Detox (Part of Hospital?)		20	<ul style="list-style-type: none"> • 20-bed unit provides voluntary, short-term inpatient treatment for adults 18 years of age and older. Treat the entire range of psychiatric illnesses with acute symptoms. • Assist in completing medical detoxification and withdrawal from alcohol, sedatives, and opiates.
Recovery Point Acute Care-Good Samaritan	Santa Maria	Social model residential detox		12	<ul style="list-style-type: none"> • Recovery Point Acute Care is an inpatient drug and alcohol detox program that provides 7-14 day acute detoxification. • 24 hour staff supervision and support, through local treatment providers in the community and by participation in the 12-step program and aftercare, which includes barrier free relapse treatment.
Another Road Detox Center-Good Samaritan	Lompoc	Social model residential detox		6	<ul style="list-style-type: none"> • Clients are interviewed in person or by phone (brief contact to determine suitability for services). The intake process involves a brief interview, initial assessment summary, background history, health questionnaire, and medical history. Intake information includes social, psychological, physical or behavioral problems that are related to alcohol and drug problems. Intake information provides a history of withdrawal, type & length of time alcohol or drugs were used & educational/vocational status. • Referrals can be made to the Health Clinic or a client can be taken to the Emergency Room at the hospital. Clients can stay in Detox from 7-14 days. Alcoholics can take up to three week to detox and stabilize. Assessment on length of their stay will be made by staff and the Program Manager. A public health nurse visits the Detox bi-weekly. • The fees for treatment at Recovery Point Acute Care are extremely reasonable. There is a one time administrative fee of \$150.00 for Santa Barbara Co. residents. Out of County clients are asked to pay in full upon intake. There is a daily fee of \$25.00 for Santa Barbara County residents, and a \$50.00 per day for non-county residents (if paid in full). Payment plans are available for Santa Barbara County residents who are unable to pay in full.
The Oaks—A Residential Treatment Program at the Champion Center	Lompoc	Medical Detoxification (Licensed as Hospital-but own building)		16	<ul style="list-style-type: none"> • Champion Center’s offers a multi-stage addiction treatment program as part of Lompac Valley Medical Center. • Licensed as a hospital they do medical detoxification in a 34-bed unit in Chemical Dependency Rehabilitation Hospital (CDRH) licensed beds. • They have around-the-clock registered nursing care and daily physician visits, which are provided at Champion Center’s Medical Services Unit (MSU). • They also do diagnostic testing, a medical history and physical, and a psychiatric evaluation to establish baseline health status and form the foundation for an individualized addiction treatment plan.
Janus of Santa Cruz Detox Special Care Unit	Santa Cruz	Various Levels	3.2	5	<ul style="list-style-type: none"> • Janus is a “Sub-Acute” detoxification program, offering 24-hour medically supervised residential drug and alcohol detoxification. • Offered either as a stand-alone program, but most people transition from detox to another recovery programs. • Medications used to assist with withdrawal be used in coordination with your primary care physician. • The County of Santa Cruz currently contracts with them to provide beds.